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### Press Release

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### NJFA 11<sup>th</sup> Annual Conference

**Trenton-** The New Jersey Foundation for Aging will hold its 11<sup>th</sup> Annual Conference for Professionals in the Aging Network on Tuesday, June 16, 2009 at the Crowne Plaza in Jamesburg, NJ.

This year's conference, Supporting the Infrastructure of Aging and Caregiver Resources in Turbulent Times, will focus on identifying tools and assistance programs for these difficult financial times. The programs offered at this conference will provide insight into future plans for the aging network and new research that will strengthen the ability of professionals to serve elderly clients and their caregivers.

The June 16<sup>th</sup> Conference, will feature a morning keynote and a luncheon speaker, with breakout sessions in the morning and afternoon. The morning keynote address will be given by Sandy Markwood of the National Association of Area Agencies on Aging and Martha Roherty of the National Association of State Units on Aging. They will discuss Project 2020, which emphasizes the need to enhance home and community based services to meet the needs of a growing, aging population. The speakers will present evidence on the cost benefits of home and community based services. They will also discuss the readiness of the aging network to serve the 1 in 6 Americans who will be 65 + in 2020.

During lunch conference attendees will hear from Dr. Teena Cahill, Director of Wisdom and Beyond and best-selling author. Dr. Cahill is an internationally acclaimed speaker, radio and television host. During her address, Dr. Cahill will talk about Respite for the Weary Professional and Caregiver. Known for her wit and wisdom, Dr. Cahill will provide a funny, solid, and content rich program that combines her entertainment skills with her Doctorate in Psychology. The audience will leave laughing, feeling nurtured, and understanding that self-care is the basis for care-giving.

The Foundation is pleased to provide this opportunity to professionals working with the aging population. NJFA wishes to thank all of the presenters for joining us for this conference, as well as the sponsors who help us to provide such an educational event.

To learn more about the work of the Foundation visit [www.njfoundationforaging.org](http://www.njfoundationforaging.org) or call 609-421-0206.

The New Jersey Foundation for Aging was established in 1998 to create ongoing financial support for aging services in New Jersey. Its mission is to expand innovative approaches in the delivery of services that enable older adults to live in the community with independence and dignity.

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