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### Press Release

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### **New Jersey Foundation for Aging Announces Two Grantees to increase services to NJ Elderly**

**Trenton-** The New Jersey Foundation for Aging (NJFA) is pleased to announce that grants have been awarded to two exceptional organizations in New Jersey, Greater Mercer TMA's Travel Training Program and Camden City Garden Club.

The program at Greater Mercer TMA will provide training to seniors that will allow them to access public transportation. Transportation is a vital resource for older adults living in the community. Without access to transportation, seniors are unable to make medical appointments or maintain contact with the community, leading to poor health and isolation. In addition to getting to medical appointments, seniors often also need access to transportation for grocery shopping and social interaction. Through Travel Training, which will instruct seniors how to use public transportation, NJFA and Greater Mercer TMA hope to make a difference for seniors who find themselves without transportation. NJFA is proud to support a program that will be so beneficial to the senior population of Mercer County.

NJFA grant award to the Camden City Garden Club will help raise awareness about food insecurity among the aging population in New Jersey. Many residents in urban areas have little or no access to affordable, healthy food options. These urban areas also often have many vacant lots. NJFA hopes that by supporting the outreach efforts of the Camden City Garden Club some of these issues can be alleviated. The Camden City Garden Club will help seniors in the community to create gardens throughout the city of Camden, as well as educate them about growing and preparing healthy foods. Access to affordable and healthy food is key to aging well.

NJFA believes strongly in working toward making New Jersey a great place to age well and believes these two programs will help older adults do that. The Foundation is pleased to continue its Community Grant Program, through which \$340,000 has been awarded over the past nine years, serving more than 25,000 NJ residents. NJFA congratulates this year's grantees and wishes them much success with their programs.

To learn more about the work of the Foundation visit [www.njfoundationforaging.org](http://www.njfoundationforaging.org) or call 609-421-0206. The New Jersey Foundation for Aging was established in 1998 to create ongoing financial support for aging services in New Jersey. Its mission is to expand innovative approaches in the delivery of services that enable older adults to live in the community with independence and dignity.

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