



NEW JERSEY
FOUNDATION FOR AGING

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Press Release

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Aging Insights - Transportation

Trenton- The New Jersey Foundation for Aging (NJFA) is pleased to announce the production and release of the fourth episode of *Aging Insights*, the Foundation's new cable program. This episode, *Maximizing Local Transportation Options*, will be broadcast in January. *Aging Insights* focuses on information about aging issues and services. The program is available to public access stations.

NJFA's Executive Director, Grace Egan hosts the January show which looks at transportation options and innovations. The guests include, Steve Fittante Director of the Middlesex County Office of Transportation, Karen Alexander, Director of Eldercare Services at United Jewish Communities (UJC) of Metro West and Jacque Rubel, founder of Aging in Place Partnership of South Brunswick. Mr. Fittante shared some of the innovative transportation options that have been developed during his 7 years in Middlesex County. Some of those services are a special community shuttle and travel training. Ms. Rubel in her work in South Brunswick has also incorporated travel training and worked with Mr. Fittante on adding routes to their community. Ms. Alexander relays the experience in senior housing communities supported by UJC Metro West, including the development of peer leaders who assist others in learning about transportation options.

All three of our guests are well informed on the topic of transportation and have worked with NJFA on several transportation studies and advocacy efforts.



From left to right: Steve Fittante, Grace Egan, Jacque Rubel, and Karen Alexander

To learn more about the work of the Foundation visit www.njfoundationforaging.org or call 609-421-0206. The New Jersey Foundation for Aging was established in 1998 to create ongoing financial support for aging services in New Jersey. Its mission is to expand innovative approaches in the delivery of services that enable older adults to live in the community with independence and dignity.

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