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### Press Release

For Immediate Release  
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## 11<sup>th</sup> Annual Conference Hosted at Crowne Plaza in Jamesburg

**Trenton--** The New Jersey Foundation for Aging held its 11<sup>th</sup> Annual Conference for Professionals in the Aging Network on Tuesday, June 16, 2009 at the Crowne Plaza in Jamesburg, NJ. This year's conference, "Supporting the Infrastructure of Aging and Caregiver Resources in Turbulent Times", focused on identifying tools and assistance programs for these difficult financial times. The conference featured a morning keynote given by Sandy Markwood of the National Association of Area Agencies on Aging and Martha Roherty of the National Association of State Units on Aging who provided an update on Project 2020. Project 2020 emphasizes the need to enhance home and community based services to meet the needs of a growing, aging population.

During lunch conference attendees heard from Dr. Teena Cahill, Director of Wisdom and Beyond and best-selling author. Dr. Cahill is an internationally acclaimed speaker, and radio host. Dr. Cahill spoke about Respite for the Weary Professional and Caregiver. Dr. Cahill provided a funny and content rich program that left the audience laughing, feeling nurtured, and understanding that self-care is the basis for care-giving.

Other topics addressed in sessions included advocacy tools, caring for dementia patients at home, aging services, and a funder's panel. The conference also featured a session on Healthy Memory by Dr. Cynthia Green. The Foundation was pleased to provide this opportunity to 170 professionals working with the aging population. NJFA wishes to thank all of the presenters, exhibitors, sponsors and attendees for helping to make this year's conference a success.

To learn more about the work of the Foundation visit [www.njfoundationforaging.org](http://www.njfoundationforaging.org) or call 609-421-0206.

The New Jersey Foundation for Aging was established in 1998 to create ongoing financial support for aging services in New Jersey. Its mission is to expand innovative approaches in the delivery of services that enable older adults to live in the community with independence and dignity.

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