

Web sites and other resources

Who to call, where to go and what to look for

CaregiverNJ - The New Jersey Department of Health and Senior Services created this website to help which provides tools to assess needs, keep information organized and information on resources to help. www.state.nj.us/caregivernj

Eldercare Locator - a public service of the U.S. Administration on Aging. The Eldercare Locator connects older Americans and their caregivers with sources of information on senior services. www.eldercare.gov or call toll-free at **1-800-677-1116** weekdays, 9:00 a.m. to 8:00 p.m. (ET).

Family Caregiver Alliance - This organization is home to the National Center for Caregiving and offers information helpful to the family caregiver and professional. www.caregiver.org.

National Alliance for Caregiving - dedicated to providing support to family caregivers and the professionals who help them and to increasing public awareness of issues facing family caregivers. www.caregiving.org.

National Family Caregivers Association - An advocacy organization for all family caregivers which offers helpful information. www.nfcacares.org.

New Jersey EASE (New Jersey Easy Access, Single Entry) is the easy way for seniors and their families to get information about and access senior services. Call **1-877-222-3737**.

Rosalynn Carter Institute for Caregiving - establish local, state and national partnerships committed to building more effective long-term care systems and providing greater recognition to caregivers. www.rosalynncarter.org.

US Administration on Aging - Home to the National Family Caregiver Support Program which has an online resource room: <http://aoa.gov/prof/aoaprof/caregiver/caregiver.asp>.

Well Spouse Association - a national, not for profit membership organization which gives support to wives, husbands, and partners of the chronically ill and/or disabled. www.wellspouse.org

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