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Press Release

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Aging Insights: Key Financial Planning Tools to Consider

Trenton-- The New Jersey Foundation for Aging (NJFA) is pleased to announce the release of a new episode of *Aging Insights*. This episode titled “Financial Planning” will air throughout March. This show is an encore episode and one frequently considered a key resource in identifying the basic documents.

Aging Insights shows are broadcast on more than 60 public access stations and may also be seen on NJFA’s website, www.njfoundationforaging.org/aging-insights. We are interested in expanding the broadcast network to other municipal public access stations. Let us know if your town wants to broadcast the show.

The New Jersey Foundation for Aging (NJFA) is a non-profit with the primary goal to empower elders to live in the community with independence and dignity. The strategies to *age well* are voluminous. Consequently, the Foundation uses several messaging platforms to highlight resources to *age well*. For example, *Aging Insights* is a 30 minute TV program that is produced monthly, and Renaissance magazine a quarterly publication can also be found online at www.njfoundationforaging.org/renaissance-magazine.

On this program NJFA’s Executive Director, Grace Egan speaks with Martin Shenkman, CPA, MBA, AEP, PFS, JD who discusses planning tools available for effective financial planning. Martin covers the important documents such as, wills, power of attorney, and advance directives. Martin also talks about the issues of financial exploitation and abuse. In particular, he touches on planning to protect yourself or your loved ones.

This show and the work of the NJ Foundation for Aging are made possible by donors. Sponsorship spots are available for future shows. To make a donation to NJFA or to become a sponsor, please visit our website, www.njfoundationforaging.org or call the office, 609-421-0206 for more information.



Left to Right: Martin Shenkman and Grace Egan

The New Jersey Foundation for Aging was established in 1998, its mission is promote policy and services that enable older adults to live in the community with independence and dignity.

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