



145 West Hanover Street, Trenton, NJ 08618
Phone 609-421-0206 Fax 609-421-2006
Email: office@njfoundationforaging.org
www.njfoundationforaging.org

Press Release

For Immediate Release
June 28, 2017

Contact: Grace Egan or
Melissa Chalker
609-421-0206

Aging Insights: Coping with Vision Loss

Trenton— The July episode of *Aging Insights* focuses on *Vision Loss*. On this program NJFA's Executive Director, Grace Egan speaks with Elsa Zavoda Program Director at Vision Loss Alliance of NJ and Ursula who is a student and program participant at VLANJ. More than 150,000 adults in NJ are currently dealing with vision loss. This loss often results from health conditions such as diabetes, or may be related to normal changes as we age. This show was sponsored by the Thomas and Theresa Berry Foundation.

The New Jersey Foundation for Aging (NJFA) is a non-profit with the primary goal to empower elders to live in the community with independence and dignity. The strategies to *age well* are voluminous. Consequently, the Foundation uses several messaging platforms to highlight resources to *age well*. For example, *Aging Insights* is a 30-minute TV program that is produced monthly, and *Renaissance* magazine a quarterly publication can also be found online at www.njfoundationforaging.org/renaissance-magazine. The work of the NJ Foundation for Aging is made possible by donors. Sponsorship spots are available for future shows. To donate to NJFA or to become a sponsor, please visit our website, www.njfoundationforaging.org or call the office, 609-421-0206 for more information.

Aging Insights shows are broadcast on more than 70 public access stations and may also be seen on NJFA's website, www.njfoundationforaging.org/aging-insights or on YouTube. We are interested in expanding the broadcast network to other municipal public access stations. Let us know if your town wants to broadcast the show.

To learn more about the work of the Foundation visit www.njfoundationforaging.org or call 609-421-0206.



On the set left to right: Elsa Zavoda, Grace Egan and Ursula.

The New Jersey Foundation for Aging was established in 1998, its mission is to promote policy and services that enable older adults to live in the community with independence and dignity.

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