



145 West Hanover Street, Trenton, NJ 08618
Phone 609-421-0206 Fax 609-421-2006
Email: office@njfoundationforaging.org
www.njfoundationforaging.org

Press Release

For Immediate Release
April 28, 2016

Contact: Grace Egan or
Melissa Chalker
609-421-0206

Ageing Insights: Housing Alternatives

Trenton-- The New Jersey Foundation for Aging (NJFA) is pleased to announce the release of a new episode of *Ageing Insights*. This episode titled *Housing Alternatives* will air throughout May. Safe, affordable housing is key to aging well in New Jersey. We have three guests on this episode to talk about different models and the role they play in aging in place.

Ageing Insights shows are broadcast on more than 60 public access stations and may also be seen on NJFA's website, www.njfoundationforaging.org/aging-insights. We are interested in expanding the broadcast network to other municipal public access stations. Let us know if your town wants to broadcast the show.

The New Jersey Foundation for Aging (NJFA) is a non-profit with the primary goal to empower elders to live in the community with independence and dignity. The strategies to *age well* are voluminous. Consequently, the Foundation uses several messaging platforms to highlight resources to *age well*. For example, *Ageing Insights* is a 30-minute TV program that is produced monthly, and *Renaissance* magazine a quarterly publication can also be found online at www.njfoundationforaging.org/renaissance-magazine.

On this program NJFA's Deputy Director, Melissa Chalker talks with Lisa Blum, Executive Director of Homesharing, Inc, Marymae Henley, Strategic Consultant for Senior Health and Housing and Katie York, Project Director for Lifelong Montclair. The show focuses on alternative housing models and what is available in New Jersey.

This show and the work of the NJ Foundation for Aging are made possible by donors. Sponsorship spots are available for future shows. To make a donation to NJFA or to become a sponsor, please visit our website, www.njfoundationforaging.org or call the office, 609-421-0206 for more information.

Viewers are invited to provide feedback by taking the online survey on *Ageing Insights* on our website. To learn more about the work of the Foundation visit www.njfoundationforaging.org or call 609-421-0206.



Left to Right: Melissa Chalker, Katie York, Marymae Henley and Lisa Blum

The New Jersey Foundation for Aging was established in 1998, its mission is to promote policy and services that enable older adults to live in the community with independence and dignity.

###