



145 West Hanover Street, Trenton, NJ 08618  
Phone 609-421-0206 Fax 609-421-2006  
Email: [office@njfoundationforaging.org](mailto:office@njfoundationforaging.org)  
[www.njfoundationforaging.org](http://www.njfoundationforaging.org)

### Press Release

For Immediate Release  
October 30, 2017

Contact: Grace Egan or  
Melissa Chalker  
609-421-0206

## *Aging Insights: Know Your Rights*

**Trenton**— The newest episode of *Aging Insights*, #74 is titled *Know Your Rights*. On this program NJFA's Deputy Director, Melissa Chalker speaks with guests Joseph Zesski and Jennifer Lin Perry of the Northeast ADA Center and they discuss the American's with Disabilities Act (ADA). The guests explain the history of the law and what rights individuals are entitled to because of it. For example, did you know that the ADA not only ensures accessibility of public spaces (and parking spots) but also provides protections for reasonable accommodations in the workplace and in medical settings?

The New Jersey Foundation for Aging (NJFA) is a non-profit with the primary goal to empower elders to live in the community with independence and dignity. The strategies to *age well* are voluminous. Consequently, the Foundation uses several messaging platforms to highlight resources to *age well*. For example, *Aging Insights* is a 30-minute TV program that is produced monthly, and *Renaissance* magazine a quarterly publication can also be found online at [www.njfoundationforaging.org/renaissance-magazine](http://www.njfoundationforaging.org/renaissance-magazine). The work of the NJ Foundation for Aging is made possible by donors. Sponsorship spots are available for future shows. To make a donation to NJFA or to become a sponsor, please visit our website, [www.njfoundationforaging.org](http://www.njfoundationforaging.org) or call the office, 609-421-0206 for more information.

*Aging Insights* shows are broadcast on more than 70 public access stations and may also be seen on NJFA's website, [www.njfoundationforaging.org/aging-insights](http://www.njfoundationforaging.org/aging-insights) or on YouTube. We are interested in expanding the broadcast network to other municipal public access stations. Let us know if your town wants to broadcast the show.

To learn more about the work of the Foundation visit [www.njfoundationforaging.org](http://www.njfoundationforaging.org) or call 609-421-0206.



Joseph Zesski (left) and Jennifer Lin Perry (right) on the set with Melissa Chalker (back).

The New Jersey Foundation for Aging was established in 1998, its mission is to promote policy and services that enable older adults to live in the community with independence and dignity.

###