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### Press Release

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### *Aging Insights: Medicare Open Enrollment and More*

**Trenton**—It is that time again: Medicare Open Enrollment runs from October 15-December 7. This is an important time for seniors to look at their healthcare coverage. Just what do you need to do? Well, tune into the next episode of *Aging Insights* to learn more.

The new episode of *Aging Insights* titled *Medicare Enrollment & SMP* will air throughout October. The program features two guests from Senior Medicare Patrol of NJ who share important information about the changes you can and cannot make during Open Enrollment, as well as some other noteworthy Medicare details. On this program NJFA's Executive Director, Grace Egan speaks with Charles Clarkson, and Angela Ellerbee, both of the Senior Medicare Patrol of NJ. Charles has also provided an article for the Fall edition of Renaissance Magazine. [www.njfoundationforaging.org/renaissance-magazine](http://www.njfoundationforaging.org/renaissance-magazine).

The New Jersey Foundation for Aging (NJFA) is a non-profit with the primary goal to empower elders to live in the community with independence and dignity. The strategies to *age well* are voluminous. Consequently, the Foundation uses several messaging platforms to highlight resources to *age well*. For example, *Aging Insights* is a 30-minute TV program that is produced monthly, and *Renaissance* magazine a quarterly publication can also be found online at [www.njfoundationforaging.org/renaissance-magazine](http://www.njfoundationforaging.org/renaissance-magazine). The work of the NJ Foundation for Aging is made possible by donors. Sponsorship spots are available for future shows. To make a donation to NJFA or to become a sponsor, please visit our website, [www.njfoundationforaging.org](http://www.njfoundationforaging.org) or call the office, 609-421-0206 for more information.

*Aging Insights* shows are broadcast on more than 70 public access stations and may also be seen on NJFA's website, [www.njfoundationforaging.org/aging-insights](http://www.njfoundationforaging.org/aging-insights) or on YouTube. We are interested in expanding the broadcast network to other municipal public access stations. Let us know if your town wants to broadcast the show.

To learn more about the work of the Foundation visit [www.njfoundationforaging.org](http://www.njfoundationforaging.org) or call 609-421-0206.



Left to Right: Angela Ellerbee, and Charles Clarkson on set of Aging Insights

The New Jersey Foundation for Aging was established in 1998, its mission is to promote policy and services that enable older adults to live in the community with independence and dignity.

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