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Press Release

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Aging Insights, Assistive Devices and Modifications

Trenton-- The New Jersey Foundation for Aging (NJFA) is pleased to announce the release of a new episode of *Aging Insights*. This episode titled, Assistive Devices and Modifications will air in March. Our guests showcase some useful assistive devices and talk about modifications and adaptations to help with changes in mobility.

Aging Insights programs offer information about aging issues and services. The show is broadcast on over 60 public access stations and may also be seen on NJFA's website, www.njfoundationforaging.org/aging-insights.

The New Jersey Foundation for Aging (NJFA) is a non-profit with the primary goal to empower elders to live in the community with independence and dignity. The strategies to *age well* are voluminous. Consequently, the Foundation uses several messaging platforms to highlight resources to *age well*. For example, *Aging Insights* is a 30 minute TV program that is produced monthly by the Foundation, or Renaissance magazine which can also be found online at www.njfoundationforaging.org/renaissance-magazine.

NJFA's Deputy Director, Melissa Chalker hosts this episode with guests Curtis Edmonds of Disability Rights NJ and Diane Vitillo of Home Heart Beats.

This show and the work of the NJ Foundation for Aging are made possible by donors. To make a donation to NJFA, please visit our website, www.njfoundationforaging.org or call the office, 609-421-0206 for more information. Sponsorship spots are also available for future shows.

Viewers may also visit NJFA's website to take the online survey on *Aging Insights* to provide comments on the show and to suggest future topics the program should address. To learn more about the work of the Foundation visit www.njfoundationforaging.org or call 609-421-0206.



Diane Vitillo (left) and Curtis Edmonds (right) on the set of *Aging Insights*

The New Jersey Foundation for Aging was established in 1998, its mission is promote policy and services that enable older adults to live in the community with independence and dignity.

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