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### Press Release

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### *Aging Insights: Art Programs with Purpose*

**Trenton**— The newest episode of *Aging Insights*, #79 is titled *Art Programs with Purpose*. On this program NJFA’s Deputy Director, Melissa Chalker speaks with guests Arimsey Smith, Director of Art Education at Arts Unbound and Reva Farenback-Brateman, Geriatric Case Manager, Jewish Family and Children Service of Southern NJ. Both guests explained the different ways their programs make use of art. From peer instruction that combats issues such as isolation to monthly memory café meetings that provide entertainment and respite for individuals and their care partners.

The New Jersey Foundation for Aging (NJFA) is a non-profit with the primary goal to empower elders to live in the community with independence and dignity. The strategies to *age well* are voluminous. Consequently, the Foundation uses several messaging platforms to highlight resources to *age well*. For example, *Aging Insights* is a 30-minute TV program that is produced monthly, and *Renaissance* magazine a quarterly publication can also be found online at [www.njfoundationforaging.org/renaissance-magazine](http://www.njfoundationforaging.org/renaissance-magazine). The work of the NJ Foundation for Aging is made possible by donors. Sponsorship spots are available for future shows. To make a donation to NJFA or to become a sponsor, please visit our website, [www.njfoundationforaging.org](http://www.njfoundationforaging.org) or call the office, 609-421-0206 for more information.

*Aging Insights* shows are broadcast on more than 70 public access stations and may also be seen on NJFA’s website, [www.njfoundationforaging.org/aging-insights](http://www.njfoundationforaging.org/aging-insights) or at [www.youtube.com/njfoundationforaging](http://www.youtube.com/njfoundationforaging). We are interested in expanding the broadcast network to other municipal public access stations. Let us know if your town would like to broadcast the show.

To learn more about the work of the Foundation visit [www.njfoundationforaging.org](http://www.njfoundationforaging.org) or call 609-421-0206.



Melissa Chalker on set with Arimsey Smith (left) and Reva Farenback-Brateman (right)

**The New Jersey Foundation for Aging was established in 1998, its mission is to promote policy and services that enable older adults to live in the community with independence and dignity.**

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